

## BLESSED First Communion

### Lesson 3 (To be taught at home prior to the March 4/5 class) Pages 78-109

VIDEO LINK: <https://dynamiccatholic.com/blessed/program-view>

1. **OPENING PRAYER**--Have your child sit silently for about 30 seconds before the Opening Prayer on page 79. As always begin prayer with a reverent Sign of the Cross. After praying the prayer on page 79, ask your child about the picture. See if they remember the story of Jesus and the Lost Sheep (from our Reconciliation lessons) Remind him/her that Jesus always wants to be with us and when we turn away, He will look for us like the shepherd looks for his missing sheep.
2. **NEW WORDS**--Before introducing the 1st<sup>d</sup> video, explain the meanings of the following words:
  - RITE—something that is done or said the same way every time for a reason—example—the Sign of the Cross is a rite—we always use the same hand movement and use the same words and it reminds us of the Trinity
  - LITURGY—praying as a community of believers. The most important Liturgy for Catholic is the Mass (Liturgy of the Eucharist) where we come to pray together and celebrate the Eucharist
3. **WATCH AND DISCUSS**—introduce Episode 1 by telling them that Ben’s friends are going to test him—do you think he will pass the test? After watching the video, have your child recall (or read together p80) the 4 parts of the Mass:
  - Introductory Rites
  - Liturgy of the Word
  - Liturgy of the Eucharist
  - Concluding Rites
4. **READ AND EXPLORE**--Look at pp 83-83 and talk about the pictures. The priest is celebrating Mass. Point out that we call the special cup that the priest is holding a CHALICE. The outer colored robe that the priest wears is called a CHASUBLE. The table is called an ALTAR and is covered by an ALTAR CLOTH.
5. **WATCH AND DISCUSS**--introduce Episode 2 by telling your child that Father Tom is going to talk about the most amazing thing that he has ever seen. After watching the video, ask them if they remember what amazing thing Father Tom shared: During the Mass, the bread and wine turn into the Body and Blood of Jesus. Review again the 4 parts of the Mass. Tell your child that the Introductory Rite includes:
  - Procession and Welcoming
  - Asking Forgiveness (“Penitential Rite”)
  - Praising God (Gloria)
6. **WATCH AND DISCUSS**--in Episode 3, the children talk to Father Tom about the Liturgy of the Word—the part of the Mass when scripture (bible) is read and explained to us. After watching the segment, review the parts of the Liturgy of the Word:
  - First Reading (Old Testament—except during Easter Season, then we use New Testament)
  - Responsorial Psalm—we hear a psalm and respond in song
  - Second Reading—from the New Testament—a letter or writings from the first Christians
  - Gospel Reading—from one of the 4 gospel books—Matthew, Mark, Luke, John
  - Homily—a priest or deacon explains the readings and help us to apply them to everyday life.

7. **WATCH AND DISCUSS**--introduce Episode 4 by explaining the Sarah is going to talk about the CREED. The creed is a special prayer that we pray to remind us of all of our beliefs. Tell your child that the first line of the prayer is, "I believe in One God, the Father Almighty, the maker of Heaven and Earth."
8. **READ AND EXPLORE**-- after watching episode 4, take turns reading the lines of the the creed on pp 96-97. If the words or font make it difficult for your child to read the lines, then try reading them together. Talk about some of the beliefs and encourage your child to ask questions.
9. **WATCH AND DISCUSS**--in Episode 5, we hear the parable, "The Sower of Seeds". After watching the episode, explain that Jesus used stories, or parables, to teach his friends, and us, about important truths. In this story, Jesus is teaching that when we need to have 'healthy soil' for God's seeds to take root. This means that when we pray, go to Mass regularly, and treat others kindly, we will be able to better hear and understand what God needs us to do.
10. **DISCOVER**—show your child a bible. Explain that this very large book is actually a collection of 73 books written and different times by different authors. Some are historical (the gospels are an account of Jesus' time on earth), some are letters giving advice (letters of Paul, Peter, James and other early Christians), psalms is a book of poetic prayers, Leviticus contains Hebrew Law, and Genesis is a story of Creation—not a scientific story of creation but a faith story of creation. The books of the bible were written by many but all were inspired by the Holy Spirit.
11. **WATCH AND DISCUSS**--introduce Episode 6 by telling your child that in this segment, Hemingway finds a secret passage to the clubhouse and we are going to see where it leads. After watching the video, talk about how we hear a part of the bible each week at Mass. The mom in the story hears scripture at Mass but also reads a part of the bible each day. Do you think this is something you could do?
12. **CLOSING PRAYER**—remind your child that no one, no teacher, has ever had as much wisdom as Jesus or has ever or will ever love you as much as Jesus. In this lesson's closing prayer, we are going to ask Jesus to teach us how to serve Him. Watch the video and pray the prayer that is on page 108.