

## BLESSED First Communion

### Lesson 2 (To be taught in Parish Center, Feb 11/12) Pages 52 - 79

VIDEO LINK: <https://dynamiccatholic.com/blessed/program-view>

1. **Opening Prayer**—call the children to silence and when you have their quiet attention, read the prayer on page 53.
2. **WATCH AND DISCUSS**—(pp 54-55, **The Ultimate Prayer, Episode 1**) Tell the children that in episode 1, Hemingway and Ben help settle a disagreement. Ask the children to pay attention to the different kinds of prayer that are mentioned. As each is mentioned, write it on poster paper or the white board. (Thanksgiving, Petition/Intercession, Praise, Adoration) Write the meaning as it is explained in the video—ie Petition is asking a favor, Intercession is asking someone else—Mary or a saint—to petition for you, etc. After the episode ends invite the children to give an example of each type of prayer—ie thanksgiving for food/family, the Hail Mary is an intercession, etc. Read the first two paragraphs on page 55 and remind them how important it is to pray at Mass on Sundays.
3. **WATCH AND DISCUSS**—(pp 56-57, **God’s House, Episode 2**) Ask the children what we mean when we say “God’s House” (church). Tell them we can call our church Holy Trinity ‘God’s House’. Introduce Episode 2 by telling the children that Sarah and her dad are going to visit their parish church—God’s House. After watching the episode, explain that our church is open (First Street) everyday until about 4pm and that they can come to Mass a few minutes early to talk to God.
4. **WATCH AND DISCUSS**—(pp 58-59, **The Third Commandment, Episode 3**) Ask the class if they know what the word COMMANDMENT means. The word COMMAND is in the bigger word. It’s a rule which we are asked to follow. In the next episode, Tiny wonders if he HAS to go to Mass and asks Sister Rosa about this. After watching the episode ask the children if they have ever had the same problem as Tiny—having to choose between Mass and an activity. Remind them that there are many different times on Saturday (5:30) and Sunday that they can get to Mass.
5. **WATCH AND DISCUSS**—(pp 60-61, **Listening to God, Episode 4**) Ask the class if they think God can still speak to us like he spoke to prophets in the bible. Tell them that God speaks to us in prayer, scripture, and through other people who believe in Him...and we can hear all these things at Mass. Then watch episode 4. Explain that they can use any notebook to write down their thoughts about Mass but if they don’t write their thoughts, they should talk about what they hear with their parents or grandparents. Always talk about what you heard at Mass!
6. **READ AND EXPLORE**—(PP 62-63, **Jonah**) In your own words explain how God had a special job for Jonah but Jonah refused to listen. God didn’t give up on Jonah—instead he sent a whale who actually brought Jonah to Ninevah—where God wanted him to be!
7. **WATCH AND DISCUSS**—(pp 66-67, **The Road to Emmaus, Episode 5**) In episode 5 we will hear about 2 people walking from Emmaus, a town near Jerusalem. They were talking about Jesus and what had happened on Good Friday and Easter. They were amazed that people were saying that Jesus had risen from the dead. Explain that when they saw Jesus, they didn’t recognize Him. After watching the episode point out that Jesus explained scripture to these two disciples and then broke bread using the words “This is My Body”. This is exactly like Mass! Scripture is read and explained and then we receive Jesus in the Eucharist (Communion).

- 8. READ AND DISCUSS—(pp 68-69, Jesus is always at our side)** Read page 69 aloud explaining that just like the 2 disciples in the scripture story, we don't always recognize when Jesus is with us but He is always by our side. We meet Him in scripture, in prayer, in other people, and soon in the Eucharist.
- 9. WATCH AND DISCUSS—(pp 70-71, The Greatest Event, Episode 6)** Introduce episode 6 by explaining that many people have many ideas about what the greatest thing on earth is but we know that because Jesus comes to each of us there, the greatest event on earth is the Mass. Then watch episode 6. After watching, explain that the more we participate—by praying, singing, listening, the more interesting Mass will become.
- 10. SHOW WHAT YOU KNOW**—if time do a few of the questions and possibly the journal exercise.
- 11. CLOSING PRAYER—(pp 76-77, Closing Prayer, Episode 7)** Remind the children that Jesus comes to us in many ways so we can always look for him—in church, prayer, nature, goodness in each other. Tell them that the closing prayer is way of asking Jesus to help us see him at all times.